

CHARACTER IN ACTION INSTRUCTIONS

1. Think about all the people around you who do things for you every single day, usually without help or even a “thank you.” **Pick someone** you would like to thank by showing your thankfulness in a service project that will help them and them feel appreciated.

2. Decide **what you will do** --this should be something that will take longer than just a few minutes to do. It should actually be a project that takes a while to finish. Suggestions (but feel free to choose something else because...you know your special someone! And what they need):

***Volunteer to REALLY clean up your room BIG time. Under the bed, the closet, in the drawers. Make a pile of toys to keep and those to give to someone else. You could take a before and after photos and videos --you cleaning when you start (so we can see how messy it was) and then you standing in your clean room. MOMS appreciate you doing this. You will be proud of your clean room too!

***Write special letters for the people in your family that live at other places and letters for the people in your family you see every day! Talk to them about why you appreciate them. This should be MORE than a sentence! : (Ask your parents to find the addresses so you can address the envelopes and see if they will mail them. This will take some time. Show a photo of all the letters in front of you, take a video of you writing and a closeup letter of what one says.

***Work in the yard. Volunteer to pick up sticks in the yard. Pick up any litter. Make an outdoor sculpture using the sticks you gathered and leaves and other things you find outside (rocks, wildflowers, etc.) and put it near the front door. Tell your family it is to show them how much you appreciate them! Have someone take photos and videos of you working and of your finished sculpture!

***Help your mom/dad with housework (they will love it)! Volunteer to help your mom/dad by cleaning up after dinner. Vacuum and dust. Clean the sinks and tub. This will be SOOOO appreciated. Take photos and videos of you doing all the tasks you do.

***THE REAL Thankfulness Jar: Did you know that showing appreciation by saying a REAL thank you, makes those around you feel good inside? Everyone likes to feel appreciated. The best way to do that is say the PERSON'S NAME and tell what it is they did that you are thankful for. Something like this: "Thank you Mom/Dad for making these cookies. They are my favorite, and I know they took time to make." ALSO... did you know that complaining does NOT show thankfulness. Stuff like: "Do I have to?!!" "I'll do it later. I'm busy." Tell your parents you want to work on being more thankful and less complaining (*they will love this!*) Ask them to get a clear container --maybe a jar --with a lid and each time you say something nice or show thankfulness, put a smallish torn piece of paper in the container. When you say something complaining, have the integrity to take a piece of paper out. Most of us never know we are even complaining. Tell your family to help you with this and let you know if you sound complaining. I CHALLENGE SOMEONE TO PICK THIS! You can take a photo of you by the jar full of paper and a video of you talking to your parents about helping you notice when you sound complaining and unthankful!

*** IF YOU KNOW OF SOMETHING YOU CAN DO TO SHOW CHARACTER IN ACTION by serving someone around you, tell me what it is! After all, you know those you love and what they need!

3. **USE THE ATTACHED PLAN FORM** FOR THIS LESSON TO TELL ME YOUR PERSON or PERSONS, AND WHAT YOU ARE GOING TO DO FOR THEM. When approved, start putting character in action!remember to take at least one video & several photos!!!!!!!!!!!!

4. When you have finished your Character in Action Project, **email me your videos and photos.**

5. THE LAST THING... **pick a quote** from the attached list on the lesson that you believe is the MOST important to you and **EXPLAIN** exactly what made you choose that one instead of another --don't say you liked it! ***Don't just pick the first one you see. Some of the best ones are toward the end. **Email me your chosen quote and explanation.**

These will be posted to "Character in Action" on our website!